

## Night Prayer on Wednesday

### INTRODUCTION

God, + come to my assistance.  
– Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:  
– as it was in the beginning, is now, and will be forever. Amen. Alleluia.

### Examination of Conscience

I confess to Almighty God, to Blessed Mary ever virgin,  
to Blessed Dominic, our Father, to all the saints, and to you my brothers,  
that I have sinned through my own fault, in my thought and in my words,  
in what I have done and what I have failed to do.  
I beseech you to pray for me.

### *The absolution by the Priest follows:*

May Almighty God have mercy on us, forgive us our sins,  
keep us safe and strengthen us in every good work, and bring us to everlasting life.  
– Amen.

### HYMN

To you, before the close of day,  
Creator of the world, we pray,  
That, with accustomed kindness you  
Would guard and keep us ever true.

May no ill dreams disturb our ease,  
No nightly fears or fantasies;  
Tread underfoot our ghostly foe,  
That no defilement we may know.

Almighty Father, this accord  
Through Jesus Christ, your Son, our Lord,  
Who, with the Holy Spirit ever true,  
Forever reigns in bliss with you. Amen.

PSALMODY

**Ant. 1** Lord God, be my refuge and my strength.

Psalm 31:1-6

Trustful prayer in adversity

*Father, into your hands I commend my spirit (Luke 23:46).*

In you, O Lord, I take refuge. \*  
Let me never be put to shame.  
In your justice, set me free, \*  
hear me and speedily rescue me.

Be a rock of refuge for me, \*  
a mighty stronghold to save me,  
for you are my rock, my stronghold. \*  
For your name's sake, lead me and guide me.

Release me from the snares they have hidden \*  
for you are my refuge, Lord.  
Into your hands I commend my spirit. \*  
It is you who will redeem me, Lord.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

**Ant. 1** Lord God, be my refuge and my strength.

**Ant. 2** Out of the depths I cry to you, Lord.

Psalm 130

A cry from the depths

*He will save his people from their sins (Matthew 1:21).*

Out of the depths I cry to you, O Lord, \*  
Lord, hear my voice!  
O let your ears be attentive \*  
to the voice of my pleading.

If you, O Lord, should mark our guilt, \*  
Lord, who would survive?  
But with you is found forgiveness: \*  
for this we revere you.

My soul is waiting for the Lord, \*  
I count on his word.  
My soul is longing for the Lord \*  
more than watchman for daybreak.  
Let the watchman count on daybreak \*  
and Israel on the Lord.

Because with the Lord there is mercy \*  
and fullness of redemption,  
Israel indeed he will redeem \*  
from all its iniquity.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

**Ant. 2** Out of the depths I cry to you, Lord.

## READING

Ephesians 4:26-27

If you are angry, let it be without sin. The sun must not go down on your wrath; do not give the devil a chance to work on you.

## RESPONSORY

Into your hands, Lord, I commend my spirit.

– Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

– I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit.

## GOSPEL CANTICLE

**Ant.** Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Canticle of Simeon

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Lord, + now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:

a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

**Ant.** Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

## CONCLUDING PRAYER

Let us pray.

Lord Jesus Christ,  
you have given your followers  
an example of gentleness and humility,  
a task that is easy, a burden that is light.  
Accept the prayers and work of this day,  
and give us the rest that will strengthen us  
to render more faithful service to you  
who live and reign for ever and ever.  
– Amen.

## BLESSING

May the all-powerful Lord grant us a restful night and a peaceful death.  
– Amen.

### *Antiphon in honor of the Blessed Virgin Mary*

Salve, Regina, Mater misericordiæ,  
vita, dulcedo, et spes nostra, salve.  
Ad te clamamus exsules filii Hevæ,  
Ad te suspiramus, gementes et flentes  
in hac lacrimarum valle.

Eia, ergo, advocata nostra, illos tuos  
misericordes oculos ad nos converte;  
Et Jesum, benedictum fructum ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.

### *Antiphon in honor of Saint Dominic*

O light of the Church, teacher of truth,  
rose of patience, ivory of chastity,  
you freely poured forth the waters of wisdom;  
preacher of grace, unite us with the blessed.

May the souls of the faithful departed, through the mercy of God, rest in peace.  
– Amen.