



# THE PARISH OF ST. VINCENT FERRER AND ST. CATHERINE OF SIENA

CHURCH OF ST. VINCENT FERRER: 869 Lexington Avenue, New York, NY 10065

CHURCH OF ST. CATHERINE OF SIENA: 411 East 68<sup>th</sup> Street, New York, NY 10065

www.svsc.info | (212) 744-2080 | parish@svsc.info

## March 8, 2020 – 2<sup>nd</sup> Sunday of Lent

### NEW YORK PURGATORIAL SOCIETY MASS

On Monday, March 9 at 7 PM, a sung Mass in the Extraordinary Form of the Roman Rite sponsored by the New York Purgatorial Society will be offered at St. Vincent Ferrer.

### PARISH STUDY

This Winter, Fr. Walter Wagner, O.P. will lead our Parish Study series. This semester he will continue his study on the Book of Genesis. Sessions will continue on Tuesday, March 10 and meet each Tuesday evening from 6:45 – 7:45 PM in the Lower Church of St. Vincent Ferrer.

### STATIONS OF THE CROSS

The Stations of the Cross are being held every Friday during Lent after the evening Masses at St. Vincent Ferrer (6 PM) and St. Catherine of Siena (5:15 PM).

### LENTEN VESPERS

Sunday Parish Vespers continues at 5:30 PM in the choir stalls at St. Vincent Ferrer. Please consider joining and making this a part of your Lenten observances.

### SOLEMNITY OF ST. PATRICK

Tuesday, March 17 is the Solemnity of St. Patrick, the Patron of the Archdiocese of New York. There will be a Sung Mass and Procession at 6 PM at St. Vincent Ferrer.

### SOLEMNITY OF ST. JOSEPH

Thursday, March 19 is the Solemnity of St. Joseph, spouse of the Blessed Virgin Mary and Patron of the Universal Church. There will be a Sung Mass and Procession at 6 PM at St. Vincent Ferrer.

### SOLEMNITY OF THE ANNUNCIATION

Wednesday, March 25 is the Solemnity of the Annunciation of the Lord. There will be a Solemn Mass at 6 PM at St. Vincent Ferrer.

The Schola Cantorum will sing Tomás Luis de Victoria's *Missa Ave Regina*; *Congratulatmini mihi*; and *Ave Regina Caelorum á 8*.

### RENEW & REBUILD

#### RAISING CAPITAL AS A SPIRITUAL WORK IN THE LIFE OF OUR PARISH

Gifts for the Parish's Renew & Rebuild campaign can be made online at [RenewRebuild.org/donate](http://RenewRebuild.org/donate) and select from the drop-down box, St. Vincent Ferrer/St. Catherine of Siena, or drop off your pledge form at the Parish Office. Donations of marketable securities may have tax savings advantages. For information please contact the Parish Office for details (212) 744-2080.

### SIGN OF PEACE

Since hand to hand contact is one way of transmitting the flu and other viruses, we recommend that at the Sign of Peace you please exchange a greeting without a handshake. The Sign of Peace can be exchanged verbally or with a smile or a bow of the head.

### MASS AND CONFESSIONS

#### ST. VINCENT FERRER

SATURDAY VIGIL: 6:00 PM

SUNDAY: 8:00 AM, 9:30 AM,

12:00 NOON, 6:00 PM

WEEKDAYS: 8:00 AM, 12:10 PM,

6:00 PM

SATURDAY: 8:00 AM

#### Confessions

SATURDAY: 5:00–5:50 PM

WEEKDAYS: 5:20–5:50 PM

#### ST. CATHERINE OF SIENA

SATURDAY VIGIL: 4:00 PM

SUNDAY: 10:00 AM, 5:00 PM

WEEKDAYS: 7:00 AM, 5:15 PM

SATURDAY: 9:00 AM

#### Confessions

SATURDAY: 3:00–3:50 PM

WEEKDAYS: 4:40–5:05 PM

### LITURGY OF THE HOURS AND OTHER PRAYER

#### ST. VINCENT FERRER

SUNDAY:

8:50 AM (MORNING PRAYER)

5:30 PM (SUNG VESPERS)

MONDAY–FRIDAY:

7:25 AM (MORNING PRAYER)

5:30 PM (OFFICE OF READINGS  
AND VESPERS)

WEDNESDAY:

7:30 PM (HOLY HOUR)

#### ST. CATHERINE OF SIENA

SUNDAY:

3:00 PM (EUCHARISTIC ADORATION)

MONDAY–FRIDAY:

5:00 PM (ROSARY)

OUR LADY OF PERPETUAL HELP  
PRAYER GROUP

WEDNESDAY: 5:45 PM

QUEEN OF PEACE PRAYER GROUP

SATURDAY: 9:30 AM

## PARISH OFFICE

St. Vincent Ferrer  
869 Lexington Ave, NY, NY 10065  
(212) 744-2080 | parish@svsc.info  
*Office Hours:* Monday–Friday:  
9 AM–1 PM, 2–5 PM

St. Catherine of Siena  
411 East 68<sup>th</sup> Street, NY, NY 10065  
*Office Hours:* Monday–Friday:  
10 AM–3 PM

## PARISH STAFF

Very Rev. Walter Wagner, O.P.  
*Pastor*

Rev. Joseph Allen, O.P.  
*Vicar*

Rev. Joseph Hagan, O.P.  
*Vicar for Formation*

Bro. Damian McCarthy, O.P.  
*Sacristan*

Bro. Hyacinth Grubb, O.P.  
*Deacon*

Bro. Albert Dempsey, O.P.  
*Deacon*

Deacon John M. Powers  
Lee Ann Rubino

*Business Manager*

James D. Wetzell  
*Director of Music and Organist*

Dorothy VanDine  
*Assistant Organist*

Lisa Harrelson  
*Coordinator of Catechesis and  
Youth Ministry*

Rachel Miller  
*Administrative Assistant*

Tony Hicks  
*Church Custodian*

Tracey Hicks  
*Church Custodian*

## ST. VINCENT FERRER

### HIGH SCHOOL

(212) 535-4680  
Sr. Gail Morgan, O.P.  
*Principal*

## DOMINICAN SHRINE OF

### ST. JUDE

(212) 249-6067  
[www.dominicanshrineofsaintjude.org](http://www.dominicanshrineofsaintjude.org)

## PARISH INFORMATION

Welcome to the Parish of St. Vincent Ferrer and St. Catherine of Siena in the Roman Catholic Archdiocese of New York, served by the Dominican Friars of the Province of St. Joseph.

For general information about the Parish, its many organizations, an overview of the current year's schedule of events, and how to become more involved in our common life, please take a green Parish Handbook.

For information about the music program, please take a Music List, 'Music as Holy Preaching'. Both of these booklets are available in the narthex and online.

To register as a parishioner, please use the form found at the back of the Handbook or online. Follow us on facebook @StVincentAndStCatherine and sign-up for email alerts by notifying [parish@svsc.info](mailto:parish@svsc.info).

## PARISH CALENDAR

### MARCH

#### SUNDAY, MARCH 8 – SECOND SUNDAY OF LENT

12 NOON Solemn Mass with Rite of Conversion *at St. Vincent Ferrer*

#### MONDAY, MARCH 9

7 PM New York Purgatorial Society Mass *at St. Vincent Ferrer*

#### TUESDAY, MARCH 10

6:45 PM Parish Study *at St. Vincent Ferrer*

#### MARCH 11 – 19 – NOVENA OF ST. JOSEPH

#### FRIDAY, MARCH 13

Stations of the Cross following the evening Mass  
*at St. Vincent Ferrer & St. Catherine of Siena*

#### SUNDAY, MARCH 15 – THIRD SUNDAY OF LENT

12 NOON Solemn Mass with First Scrutiny *at St. Vincent Ferrer*

#### TUESDAY, MARCH 17 – ST. PATRICK

6 PM Sung Mass and Procession *at St. Vincent Ferrer*

6:45 PM Parish Study *at St. Vincent Ferrer*

#### WEDNESDAY, MARCH 18 – VIGIL OF ST. JOSEPH

6 PM Sung First Vespers *at St. Catherine of Siena*

#### THURSDAY, MARCH 19 – ST. JOSEPH

6 PM Sung Mass and Procession with Blessing of Bread  
*at St. Vincent Ferrer*

#### FRIDAY, MARCH 20

Stations of the Cross following the evening Mass  
*at St. Vincent Ferrer & St. Catherine of Siena*

#### SUNDAY, MARCH 22 – LAETARE SUNDAY

12 NOON Solemn Mass with Second Scrutiny *at St. Vincent Ferrer*

#### TUESDAY, MARCH 24

6:45 PM Parish Study *at St. Vincent Ferrer*

#### WEDNESDAY, MARCH 25 – ANNUNCIATION

6 PM Solemn Mass *at St. Vincent Ferrer*

#### FRIDAY, MARCH 27

Stations of the Cross following the evening Mass  
*at St. Vincent Ferrer & St. Catherine of Siena*

#### SUNDAY, MARCH 29 – FIFTH SUNDAY OF LENT

12 NOON Solemn Mass with Third Scrutiny *at St. Vincent Ferrer*

#### FRIDAY, APRIL 3

Stations of the Cross following the evening Mass  
*at St. Vincent Ferrer & St. Catherine of Siena*

**MASS INTENTIONS**

**ST. VINCENT FERRER**

SUNDAY, MARCH 8  
6:00 PM (Vigil) Teodoro Predieri (D)  
8:00 AM Rita Daley  
9:30 AM For the Living & Deceased  
Members of the Coutinho Family  
12 NOON Julia Pais (D)  
6:00 PM Rev. Joseph J.  
McEvoy, s.J. (D)

MONDAY, MARCH 9  
8:00 AM For the Deceased Members  
of the Parish & the Order (D)  
12:10 PM Catherine & Patrick  
McGlade (D)  
6:00 PM Helen & Daniel Bohan (D)

TUESDAY, MARCH 10  
8:00 AM Louie Dedvukaj  
12:10 PM Kristian Urcia Serrano (D)  
6:00 PM For the Deceased Members  
of the Vanzan Family (D)

WEDNESDAY, MARCH 11  
8:00 AM Dr. Rafael Urquia (D)  
12:10 PM Fanny De La Cruz  
Medina (D)  
6:00 PM Salvatore & Joan M.  
Carvo (D)

THURSDAY, MARCH 12  
8:00 AM Louie Dedvukaj  
12:10 PM Mary Ellen Rustum  
6:00 PM Julia Ames (D)

FRIDAY, MARCH 13  
8:00 AM Special Intention  
12:10 PM Jeanne Gorski (D)  
6:00 PM Jack Mangin

SATURDAY, MARCH 14  
8:00 AM Melissa Fishel (D)  
6:00 PM (Vigil) C. G. De La Cruz

**MASS INTENTIONS**

**ST. CATHERINE OF SIENA**

SUNDAY, MARCH 8  
4:00 PM (Vigil) David Gale (D)  
10:00 AM Jonathan Kavanagh  
5:00 PM For the People of the Parish

MONDAY, MARCH 9  
7:00 AM For the Province of  
St. Joseph  
5:15 PM Silvana Cichi (D)

TUESDAY, MARCH 10  
7:00 AM David Johnson (D)  
5:15 PM For the Poor Souls in  
Purgatory (D)

WEDNESDAY, MARCH 11  
7:00 AM For the Patrons of the  
Shrine of St. Jude  
5:15 PM St. Joseph Novena

THURSDAY, MARCH 12  
7:00 AM For the Purgatorial Society  
of St. Catherine of Siena (D)  
5:15 PM St. Joseph Novena

FRIDAY, MARCH 13  
7:00 AM Josephine Pat Wiggins (D)  
5:15 PM St. Joseph Novena

SATURDAY, MARCH 14  
9:00 AM Margaret Rotondo  
4:00 PM (Vigil) St. Joseph Novena

**PARISH PRAYER**

**INTENTIONS**

*Contact the Parish Office to add  
a name to this list.*

Dr. Aborosi, Mike Borland, Jan  
Donovan, Jarrod Dubesko, William  
Feeley, Emily Garnett, Maggie  
Heath, Christine Heller, Joseph  
Henaio, Douglas Kozak, Jack  
Mangin, Maurice Murphy, David  
Olivier, David Reid, Isabelle Rivera,  
Lorna Shepherd, Anchalee Sae-Lim,  
Adolfo Sardina, Lisa Selby, Prechry  
Thongtha, & Barbara Tracy.

Please pray for the repose of the souls  
of Edward Crescenzo, Fransisca,  
Lloyd, Maurice Garcia, Lawrence  
Marquez, Matthew Martinez,  
William Selby, & Lucille Witty, and  
the souls of all our recently deceased.

We continue to pray for the sick, the  
dying, and their families in Memorial  
Sloan Kettering Cancer Center,  
NewYork-Presbyterian Hospital,  
the Hospital for Special Surgery,  
Rockefeller University Hospital, and  
the Intentions of the Dominican  
Friars Health Care Ministry.

**CANDLE INTENTIONS**

*St. Vincent – Sanctuary Lamps*  
Cira Maria Diaz (D); Ramon &  
Fernando Gonzalez (L); Jack Ryan  
Keegan (L); Patrick McCarthy (D);  
For the Souls in Purgatory; For the  
People of the Parish; Special Intention

*St. Vincent – Sanctuary Madonna*  
Jaquelyn Piraquive (L)

*St. Vincent – Pieta Lamp*  
Well-being of Christians in the  
Middle East

*St. Catherine – Sanctuary Lamp*  
Maria Marta Litrenta

*St. Catherine – Purgatorial Candle*  
Renato S. Ventigan (D);  
Rosa J. Silan (D)

*St. Catherine – Rosary Altar Candle*  
Maria Marta Litrenta;  
Intention of Donor

*St. Catherine – Blessed Mother Candle*  
Priscilla Ventigan

*Mass Intentions and Candles may be reserved in the Parish Office Monday – Friday, 9:00 AM–5:00 PM,  
and in the Church Office of St. Catherine of Siena Monday – Friday, 10:00 AM–3:00 PM.*



## MUSIC NOTES

Next week, for the Third Sunday of Lent, the Schola will sing music of the Iberian Renaissance. Francisco López Capillas was born in Mexico City of Spanish parentage. Ordained a priest, he was named Juan Gutiérrez de Padilla's assistant for the Puebla Cathedral in 1641. In 1648, he became assistant at the Cathedral of Mexico City and then *maestro* in 1654, remaining until his death.

Manuel Cardoso represents the 'golden age' of Portuguese polyphony. Born in Fronteira, near Portalegre, Cardoso sang as a chorister at Évora Cathedral and joined the Carmelite order in 1588. For most of his career he was the organist at the Carmelite Convento do Carmo in Lisbon.

Francisco Guerrero received musical training from fellow Sevillian Cristóbal de Morales. His precocious skill led to the appointment at age 17 as *maestro di capilla* of the Cathedral of Jaén. He returned to Seville in 1549 where until his death he served its Cathedral as *maestro*. A devout priest, Guerrero made a holy pilgrimage to Rome, Venice, and the Holy Land in 1588 and published a popular book about his adventure.

On feastsdays and in privileged seasons such as Lent and Eastertide, the Schola offers a choral Mass Ordinary at the Solemn Mass.

### *Missa Pange lingua*

– Francisco López Capillas (c. 1608-1674)

*Aquam quam ego dabo* – Manuel Cardoso (1566-1650)

*Quomodo cantabimus* – Francisco Guerrero (1528-1599)

For information about the music program, please take this season's Music List, 'Music as Holy Preaching', available in the narthex and online.

## MINISTRY APPEAL

Young adult males, single or married, as well as boys in fourth grade or higher are invited to consider joining our parish guild of Altar Servers, those who assist the priest at the altar during the Holy Sacrifice of the Mass. All training will be provided and scheduling is flexible. If you have an interest in volunteering or would like more information, please contact our parish coordinator of servers, Steve Quatela, through [parish@svsc.info](mailto:parish@svsc.info) or (212) 744-2080.

We are also in need of Ushers (Collection Offering) and Greeters at both churches. If you are interested, please contact the parish office at (212) 744-2080. You may also leave your name and contact information with the guard in the narthex of St. Vincent Ferrer at any time.

## ONLINE GIVING

Fulfill your stewardship with an online service. Liturgical Publications (WeShare) allows you to make donations to the Parish of St. Vincent Ferrer and St. Catherine of Siena anytime, based on your personal schedule. Donations can be made with a credit card, debit card, or e-check. To enroll, visit [www.svsc.info](http://www.svsc.info) and go to "Sign up for Online Giving," or visit [www.churchgiving.com/?pc=ztm3ks26](http://www.churchgiving.com/?pc=ztm3ks26) and click "Start Giving."

## HEALTH CARE EMERGENCIES

For Health Care emergencies please call (212) 988-8303. The Dominican Friars Health Care Ministry of New York provides pastoral and sacramental care of Dominican Friars at Memorial Sloan-Kettering Cancer Center, New York-Presbyterian/Weill Cornell Medical Center, and Hospital for Special Surgery.

## FRASSATI DINNER AND HOLY HOUR

SUNDAY, MARCH 15, 6 – 9 PM

Frassati Fellowship invites all young adults (20s and 30s) to our monthly Dinner and Holy Hour. Come and join us for a home cooked meal, \$10 suggested, followed by Holy Hour with a talk, praise and worship led by the Frassati Music Ministry, intercessory prayer and confession available. We will be accompanied by the Franciscan Friars and Sisters of the Renewal, Dominican Friars and the Sisters of Life. Date/Time: Sunday, March 15, 6 – 9 PM. 6 – 8 PM Dinner, 8 – 9 PM Holy Hour. Location: Church of St. Vincent Ferrer. More info at [frassati.nyc](http://frassati.nyc) or email: [contact@frassati.nyc](mailto:contact@frassati.nyc).

## LEGION OF MARY

The Legion of Mary welcomes memberships into the council that meets at St. Catherine of Siena on Thursday afternoons at 1 PM. Legion meetings consist of prayers, review of work projects, and assignments for the coming week. Our ministry is visiting the sick at Mary Manning Walsh and bringing Communion to catholic residents. If you are interested please contact the spiritual moderator, Fr. Joseph Allen, O.P. or president Lettie Dolan at (917) 775-4930 or (212) 288-6384.

## HELP US HELP THE POOR

The Social Concerns Committee is accepting monetary donations in the "poor box" on the left side of St. Vincent Ferrer as you enter from Lexington Avenue. We will use this money for our celebrations for the women living at the shelter and other events that do come up during the upcoming year. Please be as generous as you can. Any contribution will be greatly appreciated.

## DOMINICAN THIRD ORDER

Are you a layperson who believes that you are called to a more profound interior life through the charisms of the Dominican Order? You may want to visit the Dominican Third Order (Lay Fraternity) Chapter that meets in the Parish Center of St. Vincent Ferrer on the third Thursday of each month from 6 – 8 PM. All are welcome. To learn more visit <http://laydominicans.org/>, or visit our blog at <http://olotac.blogspot.com/>.

## COLLECTIONS

MARCH 1, 2020

Regular Offertory: \$17,229

Deficit Reduction: \$5,107

NY Common Pantry: \$1,910

Attendance: 1422

## STEWARDS OF SOULS

I hope your Lent has begun well. Prayer makes up a substantial part of the season's observance; let me invite you to lend your spiritual energy to an important work of intercession. Each year, as winter yields to spring, our Shrine of St. Jude celebrates a novena of prayer beginning on March 11 that leads up to the Solemnity of St. Joseph on March 19. As we have done for several years now, we will seek his prayers for our loved ones who no longer practice their faith. We hope you will join your personal intentions to this common one.

We honor St. Joseph as husband of Mary and as Patron of the Universal Church. Appointed to pray for the whole Church, Joseph surely will not neglect those of her members who are far from her life. Ever since he became the most intimate companion of Jesus and Mary, Joseph has kept safe God's beloved. He loved as his own those who were not his own and so demonstrated a way of loving open to us by our baptism. St. Joseph shows us the charity of the steward, and the practice of stewarding souls will lead us to the happiness of charity.

God draws that love out of us by showing us people to care for. Having recognized the neighbor in our path, we tend to him or her in practical ways and in the ways of human kindness and concern. But part of neighborly care will mean presenting the faith. With our children, our students, and our parishioners we seek to share our faith as well as we might. In fact, giving an account of our belief in Christ Jesus deepens that very gift in our own hearts and minds. We count it a precious blessing when those we have loved in this way make the faith their own, so that its practice becomes their happiness.

Yet sometimes our lavish outlay of care seems to go no where. Even years of loving exposure to church life do not connect people to the Faith in such a way that it becomes their deepest habit of life. Thousands upon thousands of people were "raised Catholic" and never got beyond the surface of Catholicism. Nowadays scandal has given new reasons not to believe or not to practice. How do we respond to those who have lapsed for whatever reason? Are we indignant? Or wrathful? Do we dismiss or threaten? Are we weighed down by guilt, "What did I do wrong?"

An alternative to these dead ends is to let pain and disappointment open up a deeper way of loving. Such a love will demand two things. First, it will mean showing people how much joy we have in the practice of our faith. Second it will demand that we actively entrust them to God's love. If we accept this, then prayer for those who are alienated becomes part of our own living of the Gospel. As we pray in this way, we grow in faith ourselves, for we recognize that in the end it is God who gives belief. Accepting this, we can become serene in our own working of presenting the belief we have received.

As a parish community we will say the prayer of the novena at every weekday and Sunday Mass during the novena. Holy cards for the novena will be available in each church at the altar of St. Joseph. Along with them you will find petition slips, should you wish to add your personal intention to our common one.

The Shrine of St. Jude provides these materials as part of its mission. It also seeks to unite in common prayer all who participate in our Dominican life and apostolate throughout this neighborhood. It gives me joy to ponder clergy, religious, and laity of all generations longing together for the strengthening of the body of Christ, and the healing of all the wounds that keep people apart from it. Such a great shared endeavor would make us all an eloquent Holy Preaching.

Blessed Lent,



Fr. Walter

P.S. This letter and intention were conceived many weeks ago for those who receive direct mail from the Shrine. In light of current events, perhaps we should also ask St. Joseph's prayers for those suffering from the Coronavirus, for those trying to help them, and for those trying to contain the virus.





OFFICE OF THE CARDINAL  
1011 FIRST AVENUE  
NEW YORK, NY 10022

March 8, 2020  
Season of Lent

Dear friends in the Lord:

On Sunday, March 15, in all of our parishes and in churches throughout the country, we will be collecting your offering for the *Catholic Relief Services*. When you support this, you actually serve Jesus in disguise in some of the most marginalized communities in our world. Your participation makes a difference for so many around the globe.

In remote villages of Ethiopia, girls do not always enjoy the opportunity to receive an education. They often are expected to care for family members, and many are encouraged to marry early, at ages as young as 12. For Zeineba, a seventh-grade girl in one rural village, education continues to help her grow and build future opportunities. Her academic scores have improved, she has more confidence, and she leads a group of students that provides support for other girls. Through the support of Catholic Relief Services and partnerships between the Church and local communities, girls like Zeineba are able to stay in school. They receive tutoring and school fee assistance to help them to reach their full potential. Even girls who have left school are helped through training programs that give them opportunities to invest in their own small businesses. Unlike her mother, who never went to school, and her older sisters, who married before completing their education, Zeineba continues her studies with the hope of someday becoming a doctor. She not only has a bright future but sets an example for neighbors and for her two younger sisters. "I'm teaching my sisters to follow in my footsteps," she says.

Through funds from the collection, the United States Conference of Catholic Bishops' program for the pastoral care of migrants, refugees, and travelers collaborates with local dioceses to visit and attend to the needs of underserved migrant farm workers and others who live on the margins. Your support of this collection makes a difference for so many around the globe. Answer the knock of Jesus in disguise. To learn more about the collection and the people who benefit, please visit [www.usccb.org/catholic-relief](http://www.usccb.org/catholic-relief).

With prayerful best wishes for your characteristic generosity, I am,

Faithfully in Christ,

†Timothy Michael Cardinal Dolan  
Archbishop of New York

## This Week of Grace

### The Holy Father's Prayer intention for March 2020

- We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

### General Intentions

- Pray for all those suffering from the Coronavirus, and for those trying to help them.

### N. B.

- *During these days of Lent, when there are fewer feasts of the saints, we will focus on the entrance chant of the Mass. Chosen to provide a perspective for each day's Mass, these passages of Scripture can inform our prayer.*

### March 8 The Second Sunday of Lent

- Today at our 12 NOON Solemn Mass we will celebrate the Rite of Continuing Conversion. This prayer encourages the Christian men and women who feel that the Holy Spirit is leading them in to the life of the Catholic Church.
- On this Sunday we also recognize our Transfigured Lord as the fulfillment of the Law and the prophets. It will be appropriate then to pray for the Jewish people who also live by these two lights of Revelation.
- *Of you my heart has spoken, seek his face. It is your face, O Lord, that I seek; hide not your face from me. Ps. 26:8-9*

### March 9

- *Redeem me, O Lord, and have mercy on me. My foot stands on level ground; I will bless the Lord in the assembly. Ps. 25:11-12*

### March 10

- *Give light to my eyes lest I fall asleep in death, lest my enemy say: I have overcome him. Ps. 12:4-5*

### March 11

- Today we begin our Novena to St. Joseph. Please join in asking the Patron of the Universal Church to intercede lovingly for those baptized who no longer practice their faith.
- *Forsake me not, O Lord! My God, be not far from me! Make haste to come to my help, O Lord my strong salvation! Ps. 37:22-23*

### March 12

- *Test me, O God, and know my thoughts. See that my path is not wicked, and lead me in the way everlasting. Ps. 138:23-24*

### March 13

- *In you, O Lord, I put my trust, let me never be put to shame; release me from the snare they have hidden for me, for you indeed are my refuge. Ps. 30: , 5*

### March 14

- *The Lord is kind and full of compassion, slow to anger, abounding in mercy. How good is the Lord to all, compassionate to all his creatures. Ps. 144:8-9*

#### LENTEN FASTING AND ABSTINENCE

*According to the Current Discipline:*

##### **Laws of Days of Abstinence:**

For all aged 14 and older, obligatory abstention from flesh meat on Ash Wednesday and Fridays of Lent.

##### **Laws of Days of Penance:**

Applies to all the Faithful during the entirety of Lent and Fridays outside of Lent.

##### **Laws of Days of Fast:**

For all aged 18 to 59, inclusive, one full meal permitted and two other meals, which, when combined, are less than a full meal, on Ash Wednesday and Good Friday.

##### **Law of the Eucharistic Fast:**

Complete fast from all food and drink (excluding water and medicine) for one hour before the reception of Holy Communion. This applies throughout the year.

#### LENTEN LITURGICAL OBSERVANCES

The penitential season of Lent (from the Old English meaning 'spring' and also known as *Quadragesima* in Latin, meaning 'fortieth') begins on Ash Wednesday.

In Lent, violet vestments are worn and the *Gloria* and *Alleluia* are omitted. According to the *General Instructions of the Roman Missal*, the document governing the celebration of the Ordinary Form of the Mass, the organ is to be used only "to give necessary support to the singing." Thus, as much as possible, the Mass is sung *a cappella*, the hymn accompaniments are subdued, and the organ voluntaries are omitted.

As the Church strips herself of festal trimming entering into the spiritual desert, her faithful are likewise called to a heightened order of penitence, fasting, abstinence, and almsgiving. Making a good confession, attending daily Mass, and praying the Office, Stations, and Rosary are all worthy resolutions.