



# THE PARISH OF ST. VINCENT FERRER AND ST. CATHERINE OF SIENA

CHURCH OF ST. VINCENT FERRER: 869 Lexington Avenue, New York, NY 10065

CHURCH OF ST. CATHERINE OF SIENA: 411 East 68<sup>th</sup> Street, New York, NY 10065

[www.svsc.info](http://www.svsc.info) | (212) 744-2080 | [parish@svsc.info](mailto:parish@svsc.info)

## March 22, 2020 – 4<sup>th</sup> Sunday of Lent

### PARISH OUTREACH

We continue to wrestle with the dangers of gathering. In light of canceling Masses, adoration, and confession we would like to continue to stay connected with each of our parishioners. Fr. Walter continues to grace us with his beautiful reflections, Fr. Joseph has provided for us some refresher lessons that he has so wonderfully shared with our Candidates and Catechumens, and Br. Hyacinth has graciously been livestreaming a nightly rosary through Facebook. You can access these wonderful opportunities for prayer and reflection on our website (<http://www.svsc.info/outreach/>), through our emails, and on our Facebook page (<https://www.facebook.com/StVincentAndStCatherine/>)

If you are not receiving our parish emails but would like to, please email us at [parish@svsc.info](mailto:parish@svsc.info).

We hope to be able to continue to serve your faith throughout this confusing and difficult time.

### MAGNIFICAT

Magnificat has generously gifted all of us with complimentary access to their online version to help us all pray from home during this time. To use this beautiful source of for prayer, please visit <https://us.magnificat.net/free>.

### CANCELED MASSES

While all Masses in the Archdiocese of New York continue to be canceled you can still access Mass online at <https://www.saintpatrickscathedral.org/live> and <https://www.catholicfaithnetwork.org/>.

### MASS AND CONFESSIONS

#### ST. VINCENT FERRER

SATURDAY VIGIL: 6:00 PM

SUNDAY: 8:00 AM, 9:30 AM,

12:00 NOON, 6:00 PM

WEEKDAYS: 8:00 AM, 12:10 PM,

6:00 PM

SATURDAY: 8:00 AM

#### Confessions

SATURDAY: 5:00–5:50 PM

WEEKDAYS: 5:20–5:50 PM

#### ST. CATHERINE OF SIENA

SATURDAY VIGIL: 4:00 PM

SUNDAY: 10:00 AM, 5:00 PM

WEEKDAYS: 7:00 AM, 5:15 PM

SATURDAY: 9:00 AM

#### Confessions

SATURDAY: 3:00–3:50 PM

WEEKDAYS: 4:40–5:05 PM

### LITURGY OF THE HOURS AND OTHER PRAYER

#### ST. VINCENT FERRER

SUNDAY:

8:50 AM (MORNING PRAYER)

5:30 PM (SUNG VESPERS)

MONDAY–FRIDAY:

7:25 AM (MORNING PRAYER)

5:30 PM (OFFICE OF READINGS  
AND VESPERS)

WEDNESDAY:

7:30 PM (HOLY HOUR)

#### ST. CATHERINE OF SIENA

SUNDAY:

3:00 PM (EUCHARISTIC ADORATION)

MONDAY–FRIDAY:

5:00 PM (ROSARY)

OUR LADY OF PERPETUAL HELP  
PRAYER GROUP

WEDNESDAY: 5:45 PM

QUEEN OF PEACE PRAYER GROUP

SATURDAY: 9:30 AM

\*We will continue to keep you up to date as we are informed of new information and guidelines.

## PARISH OFFICE

St. Vincent Ferrer  
869 Lexington Ave, NY, NY 10065  
(212) 744-2080 | parish@svsc.info  
*Office Hours:* Monday–Friday:  
9 AM–1 PM, 2–5 PM

St. Catherine of Siena  
411 East 68<sup>th</sup> Street, NY, NY 10065  
*Office Hours:* Monday–Friday:  
10 AM–3 PM

## PARISH STAFF

Very Rev. Walter Wagner, O.P.  
*Pastor*

Rev. Joseph Allen, O.P.  
*Vicar*

Rev. Joseph Hagan, O.P.  
*Vicar for Formation*

Bro. Damian McCarthy, O.P.  
*Sacristan*

Bro. Hyacinth Grubb, O.P.  
*Deacon*

Bro. Albert Dempsey, O.P.  
*Deacon*

Deacon John M. Powers  
Lee Ann Rubino  
*Business Manager*

James D. Wetzel  
*Director of Music and Organist*

Dorothy VanDine  
*Assistant Organist*

Lisa Harrelson  
*Director of Religious Education*

Rachel Miller  
*Administrative Assistant*

Tony Hicks  
*Church Custodian*

Tracey Hicks  
*Church Custodian*

## ST. VINCENT FERRER

### HIGH SCHOOL

(212) 535-4680  
Sr. Gail Morgan, O.P.  
*Principal*

## DOMINICAN SHRINE OF

### ST. JUDE

(212) 249-6067  
[www.dominicanshrineofsaintjude.org](http://www.dominicanshrineofsaintjude.org)

## PARISH INFORMATION

Welcome to the Parish of St. Vincent Ferrer and St. Catherine of Siena in the Roman Catholic Archdiocese of New York, served by the Dominican Friars of the Province of St. Joseph.

For general information about the Parish, its many organizations, an overview of the current year's schedule of events, and how to become more involved in our common life, please take a green Parish Handbook.

For information about the music program, please take a Music List, 'Music as Holy Preaching'. Both of these booklets are available in the narthex and online.

To register as a parishioner, please use the form found at the back of the Handbook or online. Follow us on facebook @StVincentAndStCatherine and sign-up for email alerts by notifying [parish@svsc.info](mailto:parish@svsc.info).

## PARISH CALENDAR

### MARCH

#### SUNDAY, MARCH 22 – LAETARE SUNDAY

12 NOON Solemn Mass with Second Scrutiny *at St. Vincent Ferrer*

#### TUESDAY, MARCH 24

6:45 PM Parish Study *at St. Vincent Ferrer*

#### WEDNESDAY, MARCH 25 – ANNUNCIATION

6 PM Solemn Mass *at St. Vincent Ferrer*

#### FRIDAY, MARCH 27

Stations of the Cross following the evening Mass  
*at St. Vincent Ferrer & St. Catherine of Siena*

#### SUNDAY, MARCH 29 – FIFTH SUNDAY OF LENT

12 NOON Solemn Mass with Third Scrutiny *at St. Vincent Ferrer*

#### FRIDAY, APRIL 3

Stations of the Cross following the evening Mass  
*at St. Vincent Ferrer & St. Catherine of Siena*

#### SATURDAY, APRIL 4

4 PM Low Mass for Palm Sunday *at St. Catherine of Siena*

6 PM Sung Mass for Palm Sunday *at St. Vincent Ferrer*

#### SUNDAY, APRIL 5 – PALM SUNDAY OF THE LORD'S PASSION

8 AM Low Mass *at St. Vincent Ferrer*

9:30 AM Sung Mass *at St. Vincent Ferrer*

10 AM Low Mass *at St. Catherine of Siena*

11:15 AM Blessing of Palms *at St. Catherine of Siena*

Procession through the Streets of the Neighborhood

12 PM Solemn Mass *at St. Vincent Ferrer*

5 PM Sung Mass *at St. Catherine of Siena*

5:30 PM Sung Vespers *at St. Vincent Ferrer*

6 PM Sung Mass *at St. Vincent Ferrer*

#### MONDAY, APRIL 6 – RECONCILIATION MONDAY

3 – 9 PM Confessions *at St. Vincent Ferrer & St. Catherine of Siena*

#### TUESDAY, APRIL 7

6:45 PM Holy Week Parish Study *at St. Vincent Ferrer*

#### WEDNESDAY, APRIL 8

*Holy Hour at St. Vincent Ferrer is cancelled*

#### THURSDAY, APRIL 9 – HOLY THURSDAY

4 PM Low Mass of the Lord's Supper *at St. Catherine of Siena*

6:30 PM Solemn Mass of the Lord's Supper *at St. Vincent Ferrer*

8 PM Adoration of the Blessed Sacrament *at St. Vincent Ferrer*

#### FRIDAY, APRIL 10 – GOOD FRIDAY

12 NOON Seven Last Words of Christ *at St. Catherine of Siena*

3 PM Solemn Liturgy of the Lord's Passion *at St. Vincent Ferrer*

5:15 PM Sung Liturgy of the Lord's Passion *at St. Catherine of Siena*

7 PM Watch at the Sepulcher *at St. Vincent Ferrer*

**MASS INTENTIONS**  
**ST. VINCENT FERRER**

SUNDAY, MARCH 22  
6:00 PM (Vigil) Ante Loncar (D)  
8:00 AM Louie Dedvukaj  
9:30 AM Lucrecia Reyes (D)  
12 NOON Pelagia Sabon (D)  
6:00 PM Edward C. Perry (D)

MONDAY, MARCH 23  
8:00 AM For the Deceased Members  
of the Parish & the Order (D)  
12:10 PM Melissa Fishel (D)  
6:00 PM Mary Jane Marks (D)

TUESDAY, MARCH 24  
8:00 AM Archbishop Harry J.  
Flynn (D)  
12:10 PM Rene Concepcion (D)  
6:00 PM Danny Orlock (D)

WEDNESDAY, MARCH 25  
8:00 AM Joseph Gambino (D)  
12:10 PM Melissa Fishel (D)  
6:00 PM Raymundo Suarez (D)

THURSDAY, MARCH 26  
8:00 AM Michael & Sophie  
Tobin (D)  
12:10 PM Vid Suljick (D)  
6:00 PM Geraldine Ferraro  
Zaccaro (D)

FRIDAY, MARCH 27  
8:00 AM Louie Dedvukaj  
12:10 PM Rev. Barnabas  
Gorski, OFM (D)  
6:00 PM Richard & Frances  
Reynolds (D)

SATURDAY, MARCH 28  
8:00 AM Giovanna Pagliuca (D)  
6:00 PM (Vigil) Zaldy Isidoro (D)

**MASS INTENTIONS**  
**ST. CATHERINE OF SIENA**

SUNDAY, MARCH 22  
4:00 PM (Vigil) For the People of  
the Parish  
10:00 AM Henry L. Zuzze (D)  
5:00 PM For the Living & Deceased  
Priests of the Parish

MONDAY, MARCH 23  
7:00 AM For the Province of  
St. Joseph  
5:15 PM Sean Ayoung (D)

TUESDAY, MARCH 24  
7:00 AM Yvonne Slattery (D)  
5:15 PM Philip Tusa (D)

WEDNESDAY, MARCH 25  
7:00 AM For the Patrons of the  
Shrine of St. Jude  
5:15 PM Sabina Quiguyan (D)

THURSDAY, MARCH 26  
7:00 AM For the Annual Enrollment  
of the Living  
5:15 PM Marie Therese Andre

FRIDAY, MARCH 27  
7:00 AM For the Purgatorial Society  
of St. Catherine of Siena (D)  
5:15 PM The Martins Family (D)

SATURDAY, MARCH 28  
9:00 AM Mr. Douglas Kozak  
4:00 PM (Vigil) David Gale (D)

**PARISH PRAYER**  
**INTENTIONS**

*Contact the Parish Office to add  
a name to this list.*

Dr. Aborosi, Mike Borland, Jan  
Donovan, Jarrod Dubesko, William  
Feeley, Emily Garnett, Maggie  
Heath, Christine Heller, Joseph  
Hena, Douglas Kozak, Jack Mangin,  
Maurice Jared Miller, Murphy,  
David Olivier, Fernandez Randely,  
David Reid, Isabelle Rivera, Lorna  
Shepherd, Anchalee Sae-Lim,  
Adolfo Sardina, Lisa Selby, Prechry  
Thongtha, Barbara Tracy, & Michael  
Travis.

Please pray for the repose of the souls  
of Ethel Garcia, Lawrence Marquez,  
Ellorine Martinez, Pakie McMahan,  
William Selby, Margy Stewart, &  
Lucille Witty, and the souls of all our  
recently deceased.

We continue to pray for the sick, the  
dying, and their families in Memorial  
Sloan Kettering Cancer Center,  
NewYork-Presbyterian Hospital,  
the Hospital for Special Surgery,  
Rockefeller University Hospital, and  
the Intentions of the Dominican  
Friars Health Care Ministry.

**CANDLE INTENTIONS**

*St. Vincent – Sanctuary Lamps*  
Ramon & Fernando Gonzalez (L);  
Nora Griffin (D); James Mohr (D);  
For the Souls in Purgatory; For the  
People of the Parish; Intention of  
Donor; Special Intention

*St. Vincent – Sanctuary Madonna*  
Jack Ryan Keegan (L)

*St. Vincent – Pieta Lamp*  
Well-being of Christians in the  
Middle East

*St. Catherine – Sanctuary Lamp*  
Maria Marta Litrenta

*St. Catherine – Purgatorial Candle*  
Renato S. Ventigan (D);  
Rosa J. Silan (D)

*St. Catherine – Rosary Altar Candle*  
Maria Marta Litrenta;  
Intention of Donor

*St. Catherine – Blessed Mother Candle*  
Priscilla Ventigan

*Mass Intentions and Candles may be reserved in the Parish Office Monday – Friday, 9:00 AM–5:00 PM,  
and in the Church Office of St. Catherine of Siena Monday – Friday, 10:00 AM–3:00 PM.*

## MUSIC NOTES

This week, for the Fourth Sunday of Lent, the Schola will sing music for upper voices (sopranos and altos) by the German Romantic era titans Johannes Brahms, remembered primarily for his four Symphonies, and the more liturgically-focused Josef Rheinberger.

Tomás Luis de Victoria, known as the 'Spanish Palestrina,' was born in Ávila but in 1565 went to Rome to become cantor at the Collegium Germanicum. Ordained a priest in 1575, he received a chaplaincy at S. Girolamo della Carità until King Philip II appointed Victoria chaplain to his sister, the Dowager Empress María in 1587. The Schola will one of his polyphonic Marian antiphons and a Mass Ordinary modeled after it for the Annunciation.

Choral Music for Upcoming Solemn Masses:

### FOURTH SUNDAY OF LENT (LAETARE) – MARCH 22

#### 12 NOON Solemn Mass at St. Vincent

*Missa in G minor*, Op. 187 (Sincere in memoriam)  
– Josef Rheinberger (1839-1901)  
*Adoramus te, Christe*, Op. 37, No. 2  
– Johannes Brahms (1833-1897)  
*Ave Regina Caelorum*, Op. 171, No. 6  
– Rheinberger

### SOLEMNITY OF THE ANNUNCIATION

#### – WEDNESDAY, MARCH 25

#### 6 PM Solemn Mass at St. Vincent

Music of Tomás Luis de Victoria (c. 1548-1611):

*Missa Ave Regina*  
*Congratulati mini mihi*  
*Ave Regina Caelorum á 8*

For information about the music program, please take this season's Music List, 'Music as Holy Preaching', available in the narthex and online.

## DOMINICAN THIRD ORDER

Are you a layperson who believes that you are called to a more profound interior life through the charisms of the Dominican Order? You may want to visit the Dominican Third Order (Lay Fraternity) Chapter that meets in the Parish Center of St. Vincent Ferrer on the third Thursday of each month from 6 – 8 PM. All are welcome. To learn more visit <http://laydominicans.org/>, or visit our blog at <http://olotac.blogspot.com/>.

## LEGION OF MARY

The Legion of Mary welcomes memberships into the council that meets at St. Catherine of Siena on Thursday afternoons at 1:30 PM. Legion meetings consist of prayers, review of work projects, and assignments for the coming week. Our ministry is visiting the sick at Mary Manning Walsh and bringing Communion to catholic residents. If you are interested please contact the spiritual moderator, Fr. Joseph Allen, O.P. or the president Lettie Dolan at (917) 775-4930 or (212) 288-6384.

## HEALTH CARE EMERGENCIES

For Health Care emergencies please call (212) 988-8303. The Dominican Friars Health Care Ministry of New York provides pastoral and sacramental care of Dominican Friars at Memorial Sloan-Kettering Cancer Center, New York-Presbyterian/Weill Cornell Medical Center, and Hospital for Special Surgery.

## LEGACY OF FAITH

The Edward Cardinal Egan Pavilion at the St. John Vianney Clergy Residence in Riverdale is home to more than 35 priests. It provides peace, serenity, fellowship, and the highest-quality care for those who have dedicated their lives to serving the glory of God and the well-being of their communities. It is a tangible response to Christ's call to help others. When you sit down to review your estate to reflect your lifelong devotion to the priesthood, you might think about a gift to the Egan Pavilion. The Planned Giving Office can be reached at (646) 794-3317 or [plannedgiving@archny.org](mailto:plannedgiving@archny.org).

## ONLINE GIVING

Fulfill your stewardship with an online service. Liturgical Publications (WeShare) allows you to make donations to the Parish of St. Vincent Ferrer and St. Catherine of Siena anytime, based on your personal schedule. Donations can be made with a credit card, debit card, or e-check. To enroll, visit [www.svsc.info](http://www.svsc.info) and go to "Sign up for Online Giving," or visit [www.churchgiving.com/?pc=ztm3ks26](http://www.churchgiving.com/?pc=ztm3ks26) and click "Start Giving."

## HELP US HELP THE POOR

The Social Concerns Committee is accepting monetary donations in the "poor box" on the left side of St. Vincent Ferrer as you enter from Lexington Avenue. We will use this money for our celebrations for the women living at the shelter and other events that do come up during the upcoming year. Please be as generous as you can. Any contribution will be greatly appreciated.

## PARISH SOCIAL MEDIA

The Parish has Facebook and Instagram pages to help spread the word about special liturgies, lectures, and social events at the Parish. Find us and 'like' us by searching [@StVincentAndStCatherine](#) within Facebook or [svsc\\_nyc](#) on Instagram.

## ADMITTING BLINDNESS AND RECEIVING VISION

I write you this on March 12. Yesterday the St. Patrick's Day Parade was canceled and flight restrictions on European travel went into effect. So I wonder what will have happened in 10 days when you read this letter. As far as one can predict we will be spending more time alone, and so our challenge is how to make these hours, days (and weeks?) sane, productive, and spiritually fruitful. Last week in these pages we opened an initiative that might be of some help.

My hope was that we could share with our catechumens the unique experiences of prayer we have named "scrutinies." On the Third, Fourth, and Fifth Sundays of Lent we gather them in the midst of the parish at the 12 PM Solemn Mass and we ask the Holy Spirit to scrutinize their hearts. Lovingly he will probe them to heal what is sinful and weak and to strengthen what is healthy and good. The prayers of the scrutiny, referred to as exorcisms, draw on the Gospels we read at Mass this year. The long stories of the Woman of Samaria (Third Sunday), the Man Born Blind (Fourth Sunday), and the Raising of Lazarus (Fifth Sunday) are themselves scrutinies. In these Jesus scrutinizes the hearts of the protagonists, liberating them from fear and freeing them for life in him.

Inviting the Spirit to scrutinize our own hearts will be a fruitful practice in a time like this. This Sunday's protagonist, the Man Born Blind (John 9), like those of the other scrutiny Gospels, finds himself in a situation of acute stress. For him the work of receiving healing and of recognizing Jesus the healer, comes in tandem with the experience of isolation and rejection. The presence of Jesus makes the increasing stress an occasion not of getting sicker, but of getting better.

*Father of mercy, you led the man born blind to the kingdom of light through the gift of faith in your Son. Free these elect from the false values that surround and blind them. Set them firmly in your truth, children of the light forever. We ask this through Christ our Lord.*

Here the Celebrant would have imposed hands on the Elect.

*Lord Jesus you are the true light that enlightens the world. Through your Spirit of truth free those who are enslaved by the father of lies. Stir up the desire for good in these elect, whom you have chosen for your sacraments. Let them rejoice in your light, that they may see, and, like the man born blind whose sight you restored, let them prove to be staunch and fearless witnesses to the faith, for you are Lord forever and ever.*

We now face a crisis that will place each of us under stress and will test us. In a sense, the weeks ahead will be a scrutiny, laying bare our fears and anxieties: some instinctive ways of dealing with isolation and uncertainty may come to the fore. When calm returns we feel saddened and ashamed by what came over us. But the scrutiny of the Holy Spirit can help us change the patterns.

Crisis coming at us looks like darkness for we are blind to its shape and duration. The vision Jesus gives does not take away the unknown but it reveals the one who knows what we do not, and who endures beyond what justly scares us.

Jesus, possessed of this light within, did not thereby escape the pain, degradation, and isolation of his passion, but he knew that the Father saw beyond it in all directions.

This same light enables us to make a more than instinctual response to dislocation and privation. By this light we accept what we would never choose and ask that by his light it may become an occasion of growth for us. New Yorkers like us would never choose to be locked in our rooms by a pandemic, but only ponder what God might do with the hours. What will He show us about ourselves, invite us to challenge in ourselves, and teach us to love in ourselves?

We invite the light into us when we heed the final words of Jesus in the Sunday's gospel: "If you were blind, you would have no sin; but now you are saying, 'We see,' so your sin remains." (John. 9: 41 ). The way forward into light is the narrow one of admitting our fear of the dark, because that is the truth. It is the Spirit who exposes the truth about us to the Truth that is God, and His truth heals and enables ours.

Lenten Peace!



Fr. Walter

PS. As I complete this letter I now know that you will read it in a world that is dark with the absence of the Eucharist and the other sacraments and services. I hope you will give yourself some time with this powerful Gospel.

### MONTEVERDI IN THE PARK AVENUE ARMORY

Claudio Monteverdi's *Marian Vespers* of 1610 will be performed in the Park Avenue Armory from March 21–29, with concerts on Friday and Saturday at 8 PM, Sunday at 3 PM, and Monday, Tuesday, and Thursday at 7:30 PM. This is the North American premiere of Pierre Audi's celebrated Dutch National Opera production that opened the 2017 Holland Festival. Conductor Raphaël Pichon will lead his renowned Baroque orchestra and choral ensemble Pygmalion. For tickets and more information, visit [www.armoryonpark.org](http://www.armoryonpark.org).

### 2019 TAX LETTERS

DP Murphy and WeShare will be distributing tax notices to parishioners for the 2019 tax year in the next week. Please contact the Parish Office if you have not received your notice by the end of the month or if corrections are needed. Thank you for your continued support.

### ONLINE SUPPORT GROUP FOR INDIVIDUALS & FAMILIES AFFECTED BY DIVORCE/SEPARATION

For anyone struggling due to a divorce/separation in their family, there is a free on-line "Webinar-like" support/sharing group. Sponsored by the St. Raymond Nonnatus Foundation for Freedom, Family, and Faith, this group meets every first Tuesday from 8 – 9 P.M. and is on-going. Prayer, reflection, guidance by Church teachings, and attended by a Mercedarian friar from the Order of Mercy and the Organization's Director, the group allows for listening and optional sharing guided by an experienced facilitator.

To learn more, visit [www.nonnatus.org](http://www.nonnatus.org) or "Philly Nonnatus" on social media. Call, text, or email the Director of the Foundation at (215) 870-9913 or [director.srnf@gmail.com](mailto:director.srnf@gmail.com) (type SUPPORT in the title to receive direct link).

### MARIANDALE CENTER RETREAT

There will be a four day retreat at Mariandale Center from April 2 - April 5, "Answering the Soul's Call to Write". The retreat is open to everyone. Fee: \$350. includes a private room, all meals and all workshops. For information call (914) 941-4455. To register: visit <https://mariandale.org/event/answering-the-souls-call-to-write/>

Mariandale Center is run by The Dominican Sisters of Hope and is located near Ossining, NY.

### LENTEN FASTING AND ABSTINENCE

*According to the Current Discipline:*

#### **Laws of Days of Abstinence:**

For all aged 14 and older, obligatory abstinence from flesh meat on Ash Wednesday and Fridays of Lent.

#### **Laws of Days of Penance:**

Applies to all the Faithful during the entirety of Lent and Fridays outside of Lent.

#### **Laws of Days of Fast:**

For all aged 18 to 59, inclusive, one full meal permitted and two other meals, which, when combined, are less than a full meal, on Ash Wednesday and Good Friday.

#### **Law of the Eucharistic Fast:**

Complete fast from all food and drink (excluding water and medicine) for one hour before the reception of Holy Communion. This applies throughout the year.

### LENTEN LITURGICAL OBSERVANCES

The penitential season of Lent (from the Old English meaning 'spring' and also known as *Quadragesima* in Latin, meaning 'fortieth') begins on Ash Wednesday.

In Lent, violet vestments are worn and the *Gloria* and *Alleluia* are omitted. According to the *General Instructions of the Roman Missal*, the document governing the celebration of the Ordinary Form of the Mass, the organ is to be used only "to give necessary support to the singing." Thus, as much as possible, the Mass is sung *a cappella*, the hymn accompaniments are subdued, and the organ voluntaries are omitted.

As the Church strips herself of festal trimming entering into the spiritual desert, her faithful are likewise called to a heightened order of penitence, fasting, abstinence, and almsgiving. Making a good confession, attending daily Mass, and praying the Office, Stations, and Rosary are all worthy resolutions.

