



THE PARISH OF ST. VINCENT FERRER AND ST. CATHERINE OF SIENA

CHURCH OF ST. VINCENT FERRER: 869 Lexington Avenue, New York, NY 10065

CHURCH OF ST. CATHERINE OF SIENA: 411 East 68th Street, New York, NY 10065

www.svsc.info | (212) 744-2080 | parish@svsc.info

March 1, 2020 – 1st Sunday of Lent

PARISH STUDY

This Winter, Fr. Walter Wagner, O.P. will lead our Parish Study series. This semester he will continue his study on the Book of Genesis. Sessions will continue on Tuesday, March 3 and meet each Tuesday evening from 6:45 – 7:45 PM in the Lower Church of St. Vincent Ferrer.

STATIONS OF THE CROSS

The Stations of the Cross are being held every Friday during Lent after the evening Masses at St. Vincent Ferrer (6 PM) and St. Catherine of Siena (5:15 PM).

LENTEN VESPERS

Sunday Parish Vespers continues at 5:30 PM in the choir stalls at St. Vincent Ferrer. Please consider joining and making this a part of your Lenten observances.

A refresher class on the music sung at Vespers will be offered at 5 PM this Sunday, March 1 for the First Sunday of Lent.

INVITATION FROM THE DOMINICAN SISTERS

On Sunday, March 1, the first Sunday of Lent, the Dominican Sisters at St. Vincent Ferrer invite single women, 20 to 45 years of age, to join them in the Convent at 3:45 PM for conversation, prayer, and adoration, followed by Vespers at 5:30 PM in the church. This is an opportunity for the Sisters to get to know a little better those whom they encounter in the parish, and for you to become better acquainted with their Dominican life of prayer and ministry.

If you plan to come, please email: opvisits@gmail.com. The convent, at 152 East 66th Street, is entered through the iron gate east of the 66th Street door to the church.

WOMEN'S LENTEN RETREAT

Please note new location this year for Women's Lent Retreat, inviting all Catholic women in the area to join. The retreat, led by Fr. Walter Wagner, O.P., will focus on the beautiful biblical figure of Ruth. This noble woman recognized the neighbors, indeed the people, God assigned to her. She is a gracious icon for all who find themselves living in unfamiliar times and circumstances.

The parish's Visitation Circle members will welcome you with coffee and doughnuts in St. Dominic Hall at St. Catherine's (411 E 68th Street) 9 AM on Saturday, March 7.

The retreat begins at 9:30 AM in the church, followed by 12 NOON Mass. Then we will move back to St. Dominic Hall for our monthly meeting of Visitation Circle.

We invite all women from the retreat to join us at St. Dominic's Hall for our light lunch (good will offering). To help us to plan refreshments, please reserve your place no later than Tuesday, March 3, by leaving a message before 8 PM at (212) 734-2017. We look forward to seeing you there.

SOLEMNITY OF ST. PATRICK

Tuesday, March 17 is the Solemnity of St. Patrick, the Patron of the Archdiocese of New York. There will be a Sung Mass and Procession at 6 PM at St. Vincent Ferrer.

MASS AND CONFESSIONS

ST. VINCENT FERRER

SATURDAY VIGIL: 6:00 PM

SUNDAY: 8:00 AM, 9:30 AM,

12:00 NOON, 6:00 PM

WEEKDAYS: 8:00 AM, 12:10 PM,

6:00 PM

SATURDAY: 8:00 AM

Confessions

SATURDAY: 5:00–5:50 PM

WEEKDAYS: 5:20–5:50 PM

ST. CATHERINE OF SIENA

SATURDAY VIGIL: 4:00 PM

SUNDAY: 10:00 AM, 5:00 PM

WEEKDAYS: 7:00 AM, 5:15 PM

SATURDAY: 9:00 AM

Confessions

SATURDAY: 3:00–3:50 PM

WEEKDAYS: 4:40–5:05 PM

LITURGY OF THE HOURS

AND OTHER PRAYER

ST. VINCENT FERRER

SUNDAY:

8:50 AM (MORNING PRAYER)

5:30 PM (SUNG VESPERS)

MONDAY–FRIDAY:

7:25 AM (MORNING PRAYER)

5:30 PM (OFFICE OF READINGS
AND VESPERS)

WEDNESDAY:

7:30 PM (HOLY HOUR)

ST. CATHERINE OF SIENA

SUNDAY:

3:00 PM (EUCHARISTIC ADORATION)

MONDAY–FRIDAY:

5:00 PM (ROSARY)

OUR LADY OF PERPETUAL HELP
PRAYER GROUP

WEDNESDAY: 5:45 PM

QUEEN OF PEACE PRAYER GROUP

SATURDAY: 9:30 AM

PARISH OFFICE

St. Vincent Ferrer
869 Lexington Ave, NY, NY 10065
(212) 744-2080 | parish@svsc.info
Office Hours: Monday–Friday:
9 AM–1 PM, 2–5 PM

St. Catherine of Siena
411 East 68th Street, NY, NY 10065
Office Hours: Monday–Friday:
10 AM–3 PM

PARISH STAFF

Very Rev. Walter Wagner, O.P.
Pastor

Rev. Joseph Allen, O.P.
Vicar

Rev. Joseph Hagan, O.P.
Vicar for Formation

Bro. Damian McCarthy, O.P.
Sacristan

Bro. Hyacinth Grubb, O.P.
Deacon

Bro. Albert Dempsey, O.P.
Deacon

Deacon John M. Powers
Lee Ann Rubino
Business Manager

James D. Wetzel
Director of Music and Organist

Dorothy VanDine
Assistant Organist

Lisa Harrelson
*Coordinator of Catechesis and
Youth Ministry*

Rachel Miller
Administrative Assistant

Tony Hicks
Church Custodian

Tracey Hicks
Church Custodian

ST. VINCENT FERRER

HIGH SCHOOL

(212) 535-4680
Sr. Gail Morgan, O.P.
Principal

DOMINICAN SHRINE OF

ST. JUDE

(212) 249-6067
www.dominicanshrineofsaintjude.org

PARISH INFORMATION

Welcome to the Parish of St. Vincent Ferrer and St. Catherine of Siena in the Roman Catholic Archdiocese of New York, served by the Dominican Friars of the Province of St. Joseph.

For general information about the Parish, its many organizations, an overview of the current year's schedule of events, and how to become more involved in our common life, please take a green Parish Handbook.

For information about the music program, please take a Music List, 'Music as Holy Preaching'. Both of these booklets are available in the narthex and online.

To register as a parishioner, please use the form found at the back of the Handbook or online. Follow us on facebook @StVincentAndStCatherine and sign-up for email alerts by notifying parish@svsc.info.

PARISH CALENDAR

MARCH

SUNDAY, MARCH 1 – FIRST SUNDAY OF LENT

12 NOON Solemn Mass with Litany of Saints in Procession
at St. Vincent Ferrer

TUESDAY, MARCH 3

6:45 PM Parish Study *at St. Vincent Ferrer*

FRIDAY, MARCH 6

Stations of the Cross following the evening Mass
at St. Vincent Ferrer & St. Catherine of Siena

SUNDAY, MARCH 8 – SECOND SUNDAY OF LENT

12 NOON Solemn Mass with First Scrutiny *at St. Vincent Ferrer*

MONDAY, MARCH 9

7 PM New York Purgatorial Society Mass *at St. Vincent Ferrer*

TUESDAY, MARCH 10

6:45 PM Parish Study *at St. Vincent Ferrer*

MARCH 11 – 19 – NOVENA OF ST. JOSEPH

FRIDAY, MARCH 13

Stations of the Cross following the evening Mass
at St. Vincent Ferrer & St. Catherine of Siena

SUNDAY, MARCH 15 – THIRD SUNDAY OF LENT

12 NOON Solemn Mass with Second Scrutiny *at St. Vincent Ferrer*

TUESDAY, MARCH 17 – ST. PATRICK

6 PM Sung Mass and Procession *at St. Vincent Ferrer*
6:45 PM Parish Study *at St. Vincent Ferrer*

WEDNESDAY, MARCH 18 – VIGIL OF ST. JOSEPH

6 PM Sung First Vespers *at St. Catherine of Siena*

THURSDAY, MARCH 19 – ST. JOSEPH

6 PM Sung Mass and Procession with Blessing of Bread *at St. Vincent Ferrer*

FRIDAY, MARCH 20

Stations of the Cross following the evening Mass
at St. Vincent Ferrer & St. Catherine of Siena

SUNDAY, MARCH 22 – LAETARE SUNDAY

12 NOON Solemn Mass with Third Scrutiny *at St. Vincent Ferrer*

TUESDAY, MARCH 24

6:45 PM Parish Study *at St. Vincent Ferrer*

WEDNESDAY, MARCH 25 – ANNUNCIATION

6 PM Solemn Mass *at St. Vincent Ferrer*

FRIDAY, MARCH 27

Stations of the Cross following the evening Mass
at St. Vincent Ferrer & St. Catherine of Siena

MASS INTENTIONS**ST. VINCENT FERRER**

SUNDAY, MARCH 1
 6:00 PM (Vigil) For the Intentions of
 Lamberto Andreotti
 8:00 AM For the People of the Parish
 9:30 AM Mercedes Quizphi (D)
 12 NOON Christina Medina (D)
 6:00 PM Shirley Bradbury (D)

MONDAY, MARCH 2

8:00 AM For the Deceased Members
 of the Parish & the Order (D)
 12:10 PM Nelson Bautista
 6:00 PM Rush Limbaugh

TUESDAY, MARCH 3

8:00 AM Louie Dedvukaj
 12:10 PM Shirley Gomez (D)
 6:00 PM Michael Deehan

WEDNESDAY, MARCH 4

8:00 AM Margaret Bohren (D)
 12:10 PM Michael Deehan
 6:00 PM For the Deceased Members
 of the Foye, Armstrong, Gorman,
 Donohoe, & Murphy Families (D)

THURSDAY, MARCH 5

8:00 AM Bart & Bridget
 McGovern (D)
 12:10 PM Kate Carty (D)
 6:00 PM Nancy & Luke A.
 Foye, Sr. (D)

FRIDAY, MARCH 6

8:00 AM Louie Dedvukaj
 12:10 PM Helen R. Donnelly (D)
 6:00 PM Donald J. Trump

SATURDAY, MARCH 7

8:00 AM Joseph McGovern &
 Kathleen Redmond (D)
 6:00 PM (Vigil) Teodoro Predieri (D)

MASS INTENTIONS**ST. CATHERINE OF SIENA**

SUNDAY, MARCH 1
 4:00 PM (Vigil) Giorgio Cichi (D)
 10:00 AM Lawrence C. Rafferty (D)
 5:00 PM Nancy & Luke A.
 Foye, Sr. (D)

MONDAY, MARCH 2

7:00 AM For the Province of
 St. Joseph
 5:15 PM In Thanksgiving

TUESDAY, MARCH 3

7:00 AM Mary Claire Specht (D)
 5:15 PM Joseph Carotenuto (D)

WEDNESDAY, MARCH 4

7:00 AM For the Patrons of the
 Shrine of St. Jude
 5:15 PM Renato S. Ventigan (D)

THURSDAY, MARCH 5

7:00 AM Thomas Moran (D)
 5:15 PM Tranquilino Madamba (D)

FRIDAY, MARCH 6

7:00 AM For the Purgatorial Society
 of St. Catherine of Siena (D)
 5:15 PM Stephen Wilcox (D)

SATURDAY, MARCH 7

9:00 AM Irene A. Rancourt (D)
 4:00 PM (Vigil) David Gale (D)

PARISH PRAYER**INTENTIONS**

*Contact the Parish Office to add
 a name to this list.*

Dr. Aborosi, Mike Borland, Jan
 Donovan, Jarrod Dubesko, William
 Feeley, Emily Garnett, Maggie
 Heath, Christine Heller, Joseph
 Henaio, Douglas Kozak, Jack Mangin,
 Maurice Murphy, David Olivier,
 David Reid, Isabelle Rivera, Lorna
 Shepherd, Anchalee Sae-Lim, Adolfo
 Sardina, Lisa Selby, William Selby,
 Prechry Thongtha, & Barbara Tracy.

Please pray for the repose of the souls
 of Edward Crescenzo, Fransisca,
 Lloyd, Maurice Garcia, Lawrence
 Marquez, Matthew Martinez, &
 Lucille Witty, and the souls of all our
 recently deceased.

We continue to pray for the sick, the
 dying, and their families in Memorial
 Sloan Kettering Cancer Center,
 NewYork-Presbyterian Hospital,
 the Hospital for Special Surgery,
 Rockefeller University Hospital, and
 the Intentions of the Dominican
 Friars Health Care Ministry.

CANDLE INTENTIONS

St. Vincent – Sanctuary Lamps
 Sr. Raymunda Brooks, o.p.; Ramon
 & Fernando Gonzalez (L); Margaret
 Williams (D); For the Souls in
 Purgatory; For the People of the
 Parish; Intention of Donor; Special
 Intention

St. Vincent – Sanctuary Madonna
 Jack Ryan Keegan (L)

St. Vincent – Pieta Lamp
 Well-being of Christians in the
 Middle East

St. Catherine – Sanctuary Lamp
 Maria Marta Litrenta

St. Catherine – Purgatorial Candle
 Renato S. Ventigan (D);
 Rosa J. Silan (D)

St. Catherine – Rosary Altar Candle
 Maria Marta Litrenta;
 Intention of Donor

St. Catherine – Blessed Mother Candle
 Priscilla Ventigan

*Mass Intentions and Candles may be reserved in the Parish Office Monday – Friday, 9:00 AM–5:00 PM,
 and in the Church Office of St. Catherine of Siena Monday – Friday, 10:00 AM–3:00 PM.*

MUSIC NOTES

Next week, for the Second Sunday of Lent, the Schola will sing music of Jacob Handl, born in the Duchy of Carniola in the Holy Roman Empire. In his mid-teens, he traveled through Austria, Bohemia, Moravia, and Silesia, singing for a time in the choir at the Benedictine Melk Abbey (still active) on the Danube in lower Austria. He later served as a musician in the Viennese court chapel, as choirmaster for a Moravian bishop, and as organist of the Church of St. John on the Balustrade in Prague from 1585 until his death in 1591.

On feastdays and in privileged seasons such as Lent and Eastertide, the Schola offers a choral Mass Ordinary at the Solemn Mass.

Missa Pater noster – Jacob Handl (1550-1591)

Jesu dulcis memoria – Jacob Handl

Assumens Jesus Petrum et Jacobum

– Jacobus Vaet (c. 1529-1567)

For information about the music program, please take this season's Music List, 'Music as Holy Preaching', available in the narthex and online.

SOLEMNITY OF ST. JOSEPH

Thursday, March 19 is the Solemnity of St. Joseph, spouse of the Blessed Virgin Mary and Patron of the Universal Church. There will be a Sung Mass and Procession at 6 PM at St. Vincent Ferrer.

SOLEMNITY OF THE ANNUNCIATION

Wednesday, March 25 is the Solemnity of the Annunciation of the Lord. There will be a Solemn Mass at 6 PM at St. Vincent Ferrer.

The Schola Cantorum will sing Tomás Luis de Victoria's *Missa Ave Regina*; *Congratulámini mihi*; and *Ave Regina Caelorum á 8*.

MINISTRY APPEAL

Young adult males, single or married, as well as boys in fourth grade or higher are invited to consider joining our parish guild of Altar Servers, those who assist the priest at the altar during the Holy Sacrifice of the Mass. All training will be provided and scheduling is flexible. If you have an interest in volunteering or would like more information, please contact our parish coordinator of servers, Steve Quatela, through parish@svsc.info or (212) 744-2080.

We are also in need of Ushers (Collection Offering) and Greeters at both churches. If you are interested, please contact the parish office at (212) 744-2080. You may also leave your name and contact information with the guard in the narthex of St. Vincent Ferrer at any time.

ONLINE GIVING

Fulfill your stewardship with an online service. Liturgical Publications (WeShare) allows you to make donations to the Parish of St. Vincent Ferrer and St. Catherine of Siena anytime, based on your personal schedule. Donations can be made with a credit card, debit card, or e-check. To enroll, visit www.svsc.info and go to "Sign up for Online Giving," or visit www.churchgiving.com/?pc=ztm3ks26 and click "Start Giving."

HEALTH CARE EMERGENCIES

For Health Care emergencies please call (212) 988-8303. The Dominican Friars Health Care Ministry of New York provides pastoral and sacramental care of Dominican Friars at Memorial Sloan-Kettering Cancer Center, New York-Presbyterian/Weill Cornell Medical Center, and Hospital for Special Surgery.

LENTEN FASTING AND ABSTINENCE

According to the Current Discipline:

Laws of Days of Abstinence:

For all aged 14 and older, obligatory abstinence from flesh meat on Ash Wednesday and Fridays of Lent.

Laws of Days of Penance:

Applies to all the Faithful during the entirety of Lent and Fridays outside of Lent.

Laws of Days of Fast:

For all aged 18 to 59, inclusive, one full meal permitted and two other meals, which, when combined, are less than a full meal, on Ash Wednesday and Good Friday.

Law of the Eucharistic Fast:

Complete fast from all food and drink (excluding water and medicine) for one hour before the reception of Holy Communion. This applies throughout the year.

LENTEN LITURGICAL OBSERVANCES

The penitential season of Lent (from the Old English meaning 'spring' and also known as *Quadragesima* in Latin, meaning 'fortieth') begins on Ash Wednesday.

In Lent, violet vestments are worn and the *Gloria* and *Alleluia* are omitted. According to the *General Instructions of the Roman Missal*, the document governing the celebration of the Ordinary Form of the Mass, the organ is to be used only "to give necessary support to the singing." Thus, as much as possible, the Mass is sung *a cappella*, the hymn accompaniments are subdued, and the organ voluntaries are omitted.

As the Church strips herself of festal trimming entering into the spiritual desert, her faithful are likewise called to a heightened order of penitence, fasting, abstinence, and almsgiving. Making a good confession, attending daily Mass, and praying the Office, Stations, and Rosary are all worthy resolutions.

2019 TAX LETTERS

DP Murphy and WeShare will be distributing tax notices to parishioners for the 2019 tax year in the next week. Please contact the Parish Office if you have not received your notice by the end of the month or if corrections are needed. Thank you for your continued support.

COLLECTIONS

FEBRUARY 16, 2020

Regular Offertory: \$11,606

Attendance: 1235

FEBRUARY 23, 2020

Regular Offertory: \$17,039

Attendance: 1259

THE FIRST SUNDAY OF LENT

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

The collect (opening prayer) of the First Sunday of Lent possesses the pithy style of the Roman Liturgy. The very compact text invites overlooking unless you are willing to parse it with me, which might be a fine discipline for beginning the season.

First, prayer notes that Lent is a yearly observance. This states the obvious and so much more. The season not only recurs, but recurrence shapes the season. Part of this Lent lies in its difference from last Lent. Of course, prayer, fasting, and almsgiving constitute the perennial “observances” of this time. Receiving ashes, making a good confession, and walking the Stations of the Cross give ritual expression to these spiritual works. Lent does not change in itself, but it intersects with my changes; its timeless practices enable me to put in front of myself this year’s call to growth. 2020 has brought things I must accept and things I must stop accepting. Recollection, self-denial, and generosity strengthen me against evading the conversion assigned to me now.

Experience tells me that in the fertile desert of these days God presents me with a call to change that is timely for my stage of life, for the work I am now doing, and for the circumstances in which I live. If I consent, God will administer Lent to me each year in such a way that, year by year, He brings me to the fullness of myself. To this outlook, I offer the corollary that if God lets me perceive a need for change then I am ready to make that change: He shows me what He has made me ready to deal with this year.

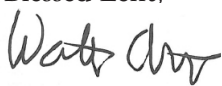
For instance, how do I perceive this year’s Lent apart from the circumstance of the presidential election and the political climate that marks it? Naturally, part of this year’s Forty Days of prayer will be for the country and the decision it faces. But a complete Lent 2020 will demand that I own how I am dealing with the tensions of this time. Am I letting its anxieties and angers shape me inwardly? The ancient works of those days remind me sternly that I have the inward resources for countering this. Jesus stands alone in the desert and faces down Satan, because with God he is not alone and not powerless. With God I too have a firm platform from which to contemplate the struggle before me on the political stage. I can observe the pain beneath the shouting there, and love the shouters who are afraid of the dark.

If I embrace this potential, perhaps I will discover those “riches hidden in Christ.” This Lent, taking a fresh look at myself, I will thrive in symbiosis with a fresh look at Christ. Observing him will become more effective if I practice personal honesty: gazing upon him will make personal honesty vastly more fruitful. In these weeks I will see him confound the Devil with his absolute reliance on the Father. Succeeding Sundays will show me Christ transfigured on the mountain, quenching the thirst of the Samaritan Woman, opening the eyes of the Man Born Blind, and bring his friend Lazarus back from the dead. On Palm Sunday he receives the adulation of the crowd who will demand his death on Good Friday. In between he will wash Peter’s feet and give us all the mystery of the Eucharist.

Taken together, what does all this reveal? As I gaze on Christ going through his Lenten motions I realize that he is gazing upon me with that love which is complete challenge and complete mercy at the same time. He looks at me from his place of inner freedom and invites me to share it with him. His is a humanity not hobbled by suspicion or resentment, prejudice or avarice. He summons me to join him as he receives freely and gives freely in communion with God and neighbor. Even as the circle of death closes in on him in his hour his soul remains open to the exchange of love. The Samaritan Woman (John 4), the Man Born Blind (John 9), and Lazarus (John 11) each return the gaze of Christ and begin to see their world through his eyes.

The eyes of Christ see the victory of God in every circumstance; my sin and regret, our mutual suspicion and misunderstanding, and this moment’s seemingly intractable conflicts. If by “right conduct” I am to pursue the “effects” of the riches hidden in Christ, this will mean opening myself to his gaze so that I look with him on the pain of my world. He will strengthen me by the works of my Lent to look clearly at the election of 2020, at the spread of the Coronavirus, burgeoning homelessness, and rising waters. He will call me to see these things with love for those who suffer and with hope in the promise of Easter.

Blessed Lent,



Fr. Walter



"Care for our churches makes them beautiful and comfortable, but also profoundly effective in the mission of the Church, the Order, and the Parish."

St. Vincent Ferrer/St. Catherine of Siena's *Renew + Rebuild* Campaign aims to raise \$1,627,000, which includes our 2019 Cardinals' Annual Stewardship Appeal goal, and will enable us to address the following initiatives:

- I. To replace the reserves spent to tuck-point the west wall of St. Catherine of Siena.
- II. To replace the reserves spent on replacing the defunct air conditioning compressor at St. Vincent Ferrer.
- III. To treat the woodwork in the sanctuary at St. Vincent Ferrer and clean the masonry around it.
- IV. To repair the damage to the ceiling in the sanctuary at St. Catherine of Siena.
- V. If we meet our goal, we would undertake the renovation of the confessionals at St. Vincent Ferrer.
- VI. To meet our assessment for the Cardinal's Appeal for 2019.
- VII. To assume our share in the capital expenditures of the Archdiocese of New York and the endowment of Catholic education.

You can make a gift online at RenewRebuild.org/donate
and select St. Vincent Ferrer/St. Catherine of Siena.

If you have any questions, please call the parish office at (212) 744-2080.

For detailed information about the projects we hope to complete, please visit

<http://www.nyc.catholic.org/wp-content/uploads/2020/02/RenewRebuild.pdf>

This Week of Grace

The Holy Father's Prayer intention for March 2020

- We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity. N. B.
- During these days of Lent, when there are fewer feasts of the saints, we will focus on the entrance chant of the Mass. Chosen to provide a perspective for each day's Mass, these passages of Scripture can inform our prayer.

March 1 The First Sunday of Lent

- *When he calls on me, I will answer him; I will deliver him and give him glory. I will grant him length of days.* Ps. 90: 15-16
- On this Sunday the Church celebrates the Rite of Election.
- Pray for our Catechumens who will go to St. Patrick's Cathedral to be chosen for the Easter Sacraments by Cardinal Dolan.
- Pray for Fr. Joseph Hagan as he accompanies our Catechumens and Candidates for Full Communion in their walk to font and altar.

March 2

- *Like the eyes of slaves on the hand of their lords so our eyes are on the Lord our God, till he show us his mercy. Have mercy on us, Lord. Have mercy.* Ps. 122: 2-3

March 3

- O Lord, you have been our refuge, from generation to generation; from age to age, you are. Ps. 89: 1-2

March 4

- *Remember your compassion, O Lord, and your merciful love, for they are from of old. Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.* Ps. 24: 6, 2, 22

March 5

- *To my words give ear, O Lord; give heed to my sighs. Attend to the sound of my cry, my King and my God.* Ps. 5: 2-3

March 6

- *Set me free from my distress, O Lord. See my lowliness and suffering, and take away all my sins.* Ps. 24: 17-18

March 7

- *The law of the Lord is perfected; it revives the soul. The decrees of the Lord are steadfast; they give wisdom to the simple.* Ps. 18: 8